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ESTOTE FIDELES



St. Boniface General Hospital
School of Nursing
St. Boniface, Manitoba



Presenting-----

"Estote Fideles"

By the Graduating Class
of 1964



St. Boniface General Hospital

St. Boniface, Manitoba

With Love and Gratitude

TO MOM AND DAD:

Standing on the threshold of our professional career, we pause, in retrospect, -- wondering at this great thing that is happening to us. Today is our Graduation Day. And we rejoice in the triumph of it, we cannot but realize that it has not all been accomplished through our own efforts, but through the wisdom and guidance of our parents -- and so, in no small way, it is their graduation as well. Yes, Mom and Dad, this is your day. Until now you have remained in the background, ever understanding, kind and assuring. Now we want to place you where you rightfully belong -- high on a pedestal for all to see.

We remember the first days in our nursing school. How frightened but hopeful we were. We recall the disappointments and tears, joys and satisfactions each new day brought. It was you who taught us to build on the hurts as well as the successes. With a patient heart and a wiser mind, you were ever-ready to listen to our problems and guide our decisions. Somewhere in God's plan it has been designed that some of you have already been taken to your eternal reward. We no longer have your fine example, but its memory is deeply implanted in our hearts. Because of you, we are graduate nurses, dedicated to the service of others.

There will never be words meaningful enough to express our feelings of gratitude. Our hearts can only whisper a humble "Thank you". May we never disappoint you. May we always make you proud. Our one wish for you is that God will bless you, and keep you the wonderful Moms and Dads you have always been to us.

Your loving daughters

A Dedication to



Sister Marie Bonin s.g.m.

Some climb the road of life with ease and success
Others climb in vain on the road to happiness
Some have the power to make life worth living
Some miss the pot of gold while for nuggets they're sieving
A nugget of gold is life unto a worthless pleasure
A pot of gold is as good things endless in measure
And this you were to us though little we did say
So we take this opportunity to say "thank you" today
In your daily tasks and sometimes endless work
Which you did so gladly and were never found to shirk
A thankless, endless job yours might have seemed to be
But at the door of heaven 'twill be your GOLDEN KEY.



SEATED: D. Sherritt, L. Peters. STANDING: J. Halpenny, E. Gimble, V. Jurevicz, M. Delorme.

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Editorial

Today is our Graduation Day! We have arrived at the summit of our professional education — the threshold of the future. In the pages of "Estote Fideles" we have tried to recapture the memories of the past three years; the work and play, trials and rewards we have shared and which have moulded and matured us. It is a profound, inexpressable debt of gratitude that I owe Sister Fleury, who so faithfully guided and encouraged me; Mrs. Fairbairn, staff advisor, who listened patiently to all the problems; and the Yearbook staff, who so willingly gave of their time, effort and ideas to make our Yearbook a success. I would also like to thank the publishers and the photographer, the medical and hospital staff for their understanding co-operation.

I count it an honour to have been able to serve as your yearbook editor. It was not without many hours of work and worry that the project reached its completion. Yet, through this experience, my life has truly been enriched, and I can but humbly say, "Thank you for the undeserved and rewarding privilege". To the graduates, may I adapt President Kennedy's famous words: "Ask not, what can Nursing give to me, — but rather, what can I give to the Nursing Profession."

Lynda Peters
Editor



SEATED, Left to Right: L. Thomas, F. Hall, I. Dunlop, B. Borkowsky, L. Wel, J. Grimard, M. Chisholm. *STANDING:* D. Toutant, M. Pollock, B. Johnson, G. Smith, L. Jasienyck, I. Sitter, M. Hill, J. Guyon, M. Johanneck, D. Sherritt.

Student Council

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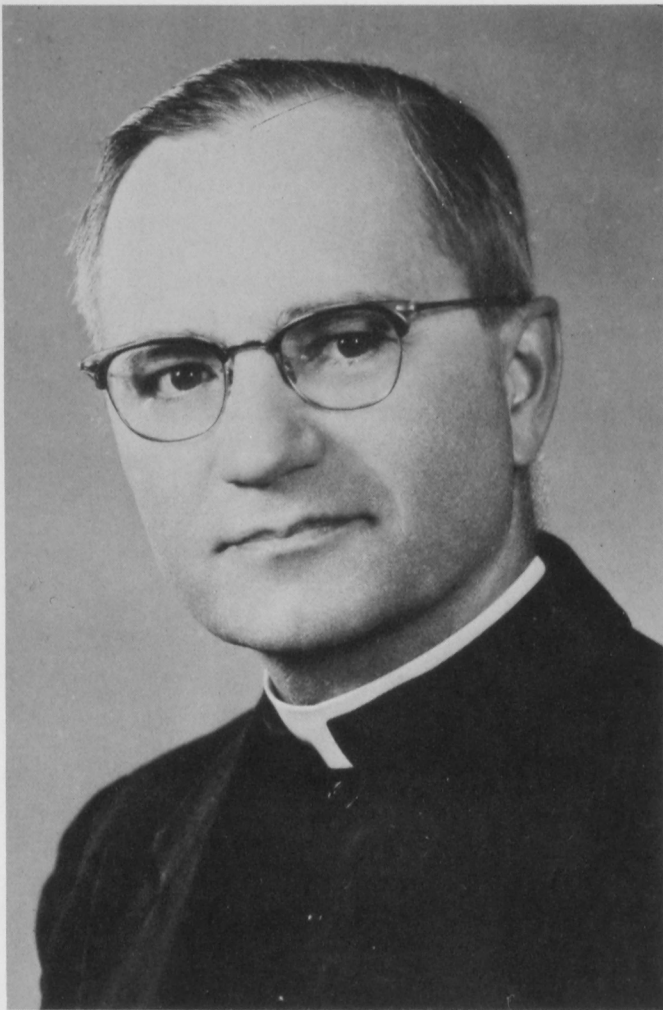
President's Message

As we reminisce and scan the past three years we cannot help but see how true Lord Tennyson's statement is, "I am a part of all that I have met." What better preparation could we wish for, as we enter upon what we call our future, than the knowledge that as we gave of ourselves these past years we also gained things that are and remain invaluable. Nursing itself revolves around gaining as much knowledge as possible about medicine, but it includes much more, in that it is hoped we will also gain a broader outlook on life and learn to respect and appreciate our fellow man. You alone will know respect and appreciate our fellow man. You alone will know how much you have given and received during these three years.

With this thought in mind I would like to wish my fellow graduates nothing but the best. For the rest of the students—make the most of your nursing experience, constantly be on the alert to gain knowledge and learn to know and understand the people and environment surrounding you.

On behalf of my student council I would like to extend a sincere word of thanks to our director, faculty, and fellow students who have wanted so hard to make a success of this past year.

Bernice Borkowsky
President



Father Messier



Father Barclay

Our Chaplains

*Fathers, may we express our thanks to you
For teaching us the things you knew
Would make our lives enriched and inspired,
And help us reach the goal we desired.
You taught us things hard to comprehend
And yet, we all learned then, and in the end,
When our classes were over, how patiently you stood
And answered our questions as none other could.
We now look back and marvel at you
And wish we had all the patience you do.
When troubled with problems we're bound to entail,
We know we'll not fail.*



*Most Rev. Maurice Baudoux
Archbishop of St. Boniface*

Our Archbishop

To the Most Reverend Maurice Baudoux.

"Remember your leaders, those who first spoke God's message to you; and reflecting upon the outcome of their life and work, follow the example of their faith."

(Hebrew's 13:7)

As an expression of respect and esteem, may we pray his Excellency to accept these words as our humble tribute to him. We implore our Heavenly Father to bestow upon him His graces in exceeding abundance and may His Presence guide and comfort him.



*Sister Lucille Gosselin s.q.m.
Sister Superior*

*Faithfully serve for little gain,
Soothe the achings of human pain,
Reach the soul through its body's woe,
For this is the way that God would go.*

It is with grateful hearts that we dedicate these simple words to you, Sister Gosselin. You and the Sisters of our hospital have set before us an example of Christian charity, devotion, and serenity. Our nursing education has been greatly aided and improved by your untiring efforts and understanding guidance. For this we humbly thank you.



*Sister A. Fleury, G.N.M.
Director, School of Nursing*

My dear Graduates,

Sincere congratulations to each and every one of you on this, your Graduation Day! We rejoice with you, and share your mingled feelings of joy and sorrow at this memorable time of your lives.

To you, Graduation signifies the successful completion of three years of continuous intensive study, concurrent with planned clinical experiences in various nursing areas of the Hospital. It also denotes the acquisition of specialized knowledge and nursing abilities which have prepared you to undertake your work in the various nursing fields as a professional nurse.

To be faithful to your motto "Estote Fideles" as a professional nurse, you must continue climbing the rungs of the ladder which leads to further professional competency. To climb this ladder to success, numerous ways and means are at your disposal, some of which are:

- Continuous study.
- Active participation in professional organizations.
- Reading of Nursing Journals.
- Self-perfection by participation in Workshops, Conventions and by your ever growing Christian charity.

May each of you continue to radiate Christ's love by professional competency and personal dedication for the betterment of the health of the people you are called to serve.

God love you!

Sister A. Fleury, G.N.M.
Director.

The Attending Staff

The graduating class of 1964 wishes to thank you, the doctors of St. Boniface General Hospital for your patient guidance throughout the past three years. You have so willingly given of your knowledge that we might increase ours, and for this we are sincerely grateful.

ACTIVE STAFF

Abbott, C.E.	DePape, A.J.	Lyons, B.H.	Parkinson, D.
Alvi, A.W.	Downey, J.L.	Margolis, J.	Pierce, M.M.
Barker, W.	Earn, A.A.	Martin, J.H.	Rabson, L.R.
Beckstead, J.L.	Ford, K.	Matas, J.	Ramsay, R.M.
Bennett, M.	Friesen, R.	Meikle, A.L.	Rogers, A.G.
Berger, S.	Goldstein, P.	Milanese, C.	Rusen, S.D.
Besant, D.	Goodhand, T.	Miller, J.A.	Semelka, G.
Bigelow, D.	Green, P.	Milner, R.	Snidal, D.
Blancher, M.	Grewer, D.	Minuck, M.	Stein, D.
Book, N.	Hall, C.W.	Mitchell, J.	Stephenson, E.
Burgoyne, F.H.	Hamonic, M.	Molgat, A.	Tass, D.
Burrell, R.O.	Hill, N.	McCord, W.J.	Vaisrub, S.
Cera, L.J.	Hollenberg, J.	McInnes, A.C.	Vann, E.K.
Cohen, M.	Hughes, J.F.	McKenty, S.	Varnam, G.
Coke, L.R.	Kagan, J.	MacKinnon, W.B.	Wall, M.
Coodin, F.	Lambie, R.S.	Maclean, J.	Willows, R.L.
Davies, H.L.	Lehmann, M.J.	Newman, M.	Wylie, K.O.

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Adams, P.	Cham, M.	Kay, S.K.	Riese, K.
Baird, D.	Daniels, J.	Loewen, M.	Ritchie, G.
Bala, M.	Fainman, J.	Mazer, I.	Saunders, M.G.
Baragar, F.	Fleming, S.	Mendelson, J.	Warkentin, J.
Barnes, P.	Grant, H.	Mills, T.J.	Weidman, M.
Barwinsky, J.	Greenburg, L.	Mymmin, D.	Woolf, C.I.
Brodovsky, D.	Gyde, M.C.	McGoey, J.	
Carter, S.	Katz, P.	Pyle, I.	

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Abbott, A.C.	Gowron, A.T.	McGibbon, K.	Sisler, G.C.
Bourgouin, J.J.	Graf, J.	Peikoff, S.S.	Snell, E.
Brock, G.	Guyot, H.	Pickard, E.W.	Stewart, E.W.
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Desmarais, M.	Krolman, G.M.	Richarson, R.W.	Tucker, F.R.
Ferguson, C.C.	Medovy, H.	Ross, R.T.	Walton, R.J.
Gemmell, J.P.	McEwen, D.S.	Sinclair, A.C.	

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Albi, F.	Grace, M.K.	Lafreniere, R.	McTavish, W.
Albi, W.	Graham, G.	Lander, H.A.	Normandeau, G.
Bartman, E.	Guslits, S.	Lander, J.J.	Pearlman, D.
Blight, W.	Hagen, V.	Lavoie, C.	Ross, W.J.
Buchok, R.W.	Hamilton, G.	Law, G.A.	Sabourin, G.A.
Caminetsky, S.	Hardy, G.	Malyska, M.	Sheedy, F.T.
Corne, N.I.	Hart, W.J.	Markovits, S.	Shelton, P.J.
Crawford, D.	Huot, J.M.	Marmar, M.	Steinberg, S.
Currie, R.	Jacques, R.A.	Millan, V.	Ward, J.H.
Desautels, J.E.	Jonasson, H.D.	Mitchell, R.	Yauniskis, A.
Doyle, F.P.	Keenberg, A.A.	Murphy, C.H.	Zeavin, S.
Egan, B.J.	Kolesnichenko, E.	Murray, J.B.	
Golfman, S.	Kristof, A.C.	Mutchnik, A.	



Dr. Paul L'Heureux
Medical Director

Our Medical Director

As we reminisce on the past three years, we realize what a privilege we have had, to receive our nursing education in your hospital. May we prove to be worthy of our association with the St. Boniface General Hospital and its high level of professional standards. It is with respect and admiration that we, the student nurses, express our gratitude to you, its expert guide and Medical Director.



Mrs. Gleason



Mrs. Vermander



Mrs. Fairbairn

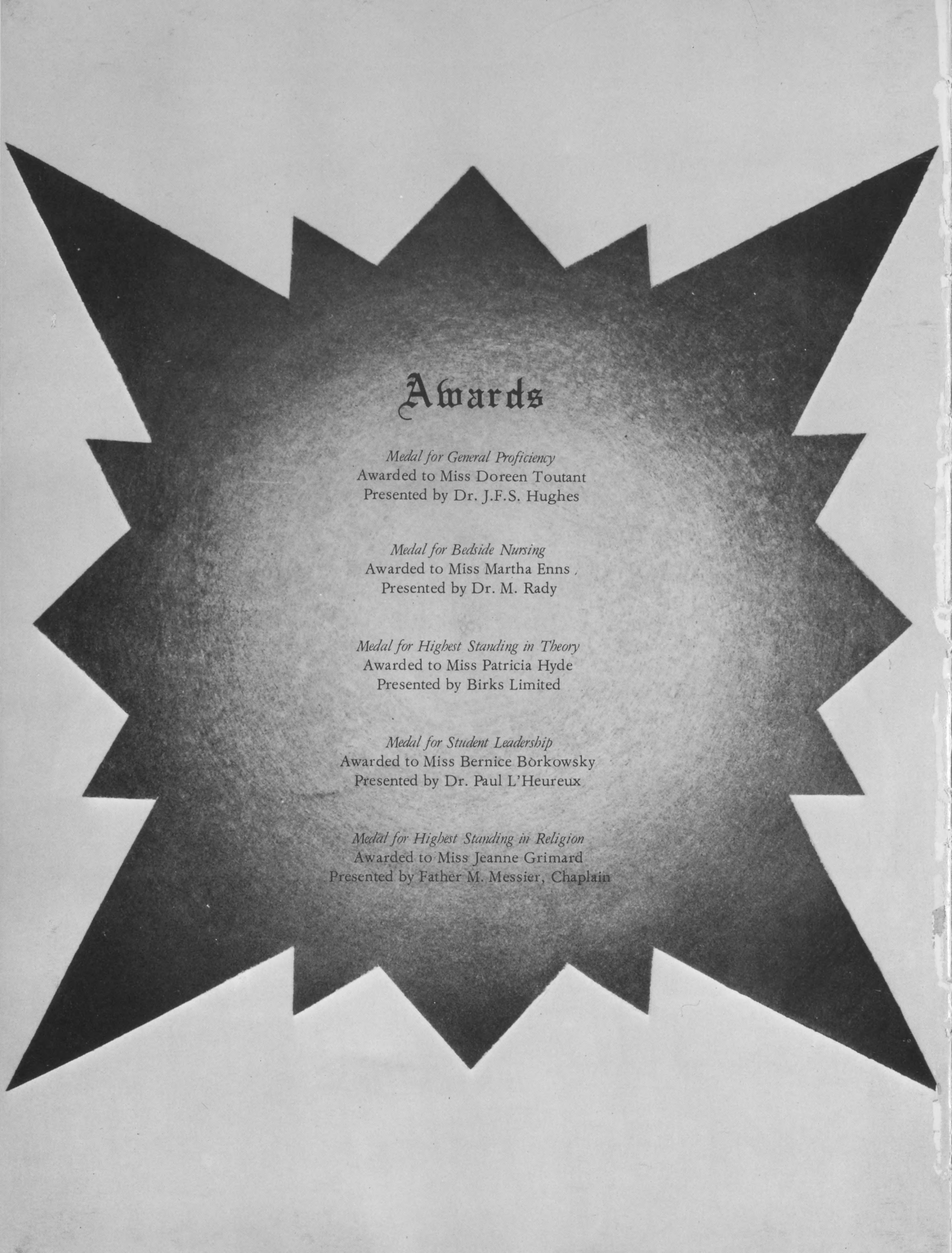
In Appreciation...

Mrs. Vermander; Assistant Director: . . .for her constant efforts in establishing successful Concurrent Teaching.

Mrs. Gleason, Assistant in Education: . . .for the rotation of the practical and theoretical experiences of the students.

Mrs. Fairbairn, Co-ordinator of Guidance and Social Activities: . . .for her understanding, interest and encouragement in student activities.





Awards

Medal for General Proficiency
Awarded to Miss Doreen Toutant
Presented by Dr. J.F.S. Hughes

Medal for Bedside Nursing
Awarded to Miss Martha Enns
Presented by Dr. M. Rady

Medal for Highest Standing in Theory
Awarded to Miss Patricia Hyde
Presented by Birks Limited

Medal for Student Leadership
Awarded to Miss Bernice Borkowsky
Presented by Dr. Paul L'Heureux

Medal for Highest Standing in Religion
Awarded to Miss Jeanne Grimard
Presented by Father M. Messier, Chaplain



General Proficiency
Miss Doreen Toutant



Bedside Nursing
Miss Martha Enns



Student Leadership
Miss Bernice Borkowsky

Highest Standing in Religion
Miss Jeanne Grimard

Highest Standing in Theory
Miss Patricia Hyde





Bette Anderson

Valedictory Address

Tonight is commencement! Is it really true that we have finally attained the goal for which each one of us has been aiming for three years? It seems hard to believe that the long-awaited day has arrived at last and yet we realize that we have accomplished little, alone. This evening, as we recall the past, consider the present, and question the future, these simple words of an unknown author are brought to mind.

*"Water flowing down a mountain side
Into a stream, both long and wide;
Skies are changing from grey to blue,
And the sun, 'midst billowy clouds
Peeps through!"*

We compare the mountain to our own lives—the base being life's very foundation, and the peak representing its challenge. We remember our parents, guardians, and many friends who are responsible for helping us to lay this foundation, and who have been at our sides all these years. They have sacrificed much for us. They set our feet upon the path, and when we were tempted to stray along those intriguing trails their gentle, guiding hands restrained our impetuositities. We pray that their pride in us will be rewarded as much as we have been rewarded in being here tonight.

As the small flow of water widens into a stream, so has our knowledge developed and our character matured. If, as the saying goes, "A little knowledge is a dangerous thing," then it is important for our own security and that of others that we acquire the greatest amount of knowledge available to us. Our School of Nursing educational program has provided us with basic learning in that field, but it does not stop there, even if our formal education does come to an end. The remaining part of our lives depends on what we have absorbed, how well we have learned it, and how well we can apply all that we have learned to the various experiences that lie ahead. We realize that we have a growing responsibility to keep on acquiring knowledge throughout our lives by further education and by our contacts with others in daily living.

We are grateful for the learning opportunities given by the Sisters. With their devoted understanding and guidance we have been moulded in character and principle and have been prepared for the rigours of the world. They have dedicated themselves so unselfishly to the task of administering to our problems—large or small, academic or personal. To the Sisters it will no doubt be satisfying for them to know that the students they have so faithfully assisted have been educated in every possible way for facing life in the world—as St. Boniface nurses.

We appreciate all of our Instructors, who, as well as planning our learning experiences and instilling in our minds the necessary knowledge, were always available to offer encouragement when required, or to caution us as needed. To the faculty we are a reflection of their endeavours, and our past, present, and future nursing abilities are a direct result of their sincere efforts.

The many doctors, internes, head nurses and supervisors, and other hospital personnel have shown a genuine interest in our curious and sometimes awkward questions and have patiently furnished us with able direction. As new graduates, we hope that our shared interest in the welfare of humanity will increase our co-operation with them toward a common goal—the best possible patient care.

The alumnae who have supported our school for many years must not be forgotten, as it is they who have paved the way for us, making the path a little less difficult. We appreciate their keen interest in helping to raise nursing standards.

As students, however, we were not alone. There were the "seniors" who have left, the "juniors" who have since arrived, each possessing her own talents and abilities, for it is true that "We are a part of all that we have met." Yet there was always opportunity to develop individual interests. The concern and necessary criticism of the group could always be counted upon. It has been a source of strength to us—to be sure that if our footsteps faltered, we could always rely on their sympathetic understanding and know that their hands were always ready to help us over our obstacles.

But what about the people around whom all this activity has been centered—the patients? Their simple, but sincere, "Thank you nurse!" has made us realize that there was rich reward in our profession and made us resolve to do our task better.

Now, before we journey forward, we would like to express our deepest and most humble gratitude to the many who have contributed to our climb on the mountain of life. You have shared our successes with love and happiness, and your kind understanding has encouraged us to continue. You have aided us in our self-development, and have, in many ways, provided us with a wider stream of knowledge.

It seems such a short time since we first climbed those forboding stairs, and opened the door to nursing—so hesitant in each faltering step. Hiding our bewilderment under a cloak of youthful confidence we stood, wondering if we were to achieve success in this field. We were so frightened of the unknown then, but as friendship and helpfulness were so willingly offered, we gradually came to have confidence in ourselves. At this point, although it was not always obvious to us, our sky was changing from grey to blue. Right then we experienced the spirit of gentle guidance which would play so large a part in our lives, in the three years that lay ahead.

Since that time each of us has experienced many and varied incidents. Events which to us seemed to be terrible or disastrous now seem humorous, and we recall them merely as lessons in the long battle of life. It was not so long ago that all these experiences were before us—now they are a part of us. We have witnessed the miracle of birth, the enchanting and unaffected world of children, the satisfaction of cure the distress of suffering, and the grief and sorrow of death.

We have tried our best to contribute to comfort and to give ourselves whenever it was needed.

This June, 108 girls have successfully completed three years of nursing education from St. Boniface General Hospital School of Nursing. The purpose of these years of concentrated study and clinical experience, intermingled with extracurricular activities has been to develop us as professional nurses.

In 1964, we are no longer future nurses, but nurses of today. We have been privileged to grow up a time when learning has been extended to greater limits than ever before. We will have the opportunity to see more startling developments than any other nursing group has had to this time. What has happened to our responsibilities in view of this enlightened age? Have they changed too? The answer is "Yes!" Are we prepared then, to meet these great responsibilities? Again we have a positive answer, for it has been a part of our educational experience to accept responsibility and to try to look at life with a balanced view wherein the spirit, as well as the mind have been nourished. The basic qualities required of a professional nurse, however, have not changed. The need for energy and effort, initiative and resourcefulness, integrity and sincerity, and spiritual and mental stability are greater than ever before. We hope that our lives will show evidence of the principles found in our years at St. Boniface.

Now that we are graduating, and for some of us merely at the end of a phase of education, we can look back and thank God for the responsibilities that we have learned to share, the friendships we have developed, and the high standards we have learned to set for ourselves under the guidance of the Sisters and faculty members.

Now as we wear our black bands on our caps, our pins on our uniforms, and carry our roses and diplomas, we are standing on the threshold of a new era in our lives. We become solemn. We can discern the sun peeping through the billowy clouds at last—and with God's help we will go forward, self-confident, and self-radiant.

As graduates, and members of a noble profession, our interests will widen, but our aim will be the same—to be of service to God and man.

We will always retain in our minds this quotation:

"There is no profession that so closely follows in the footsteps of Christ—than the work of healing."

Ladies and Gentlemen—the class of '64.



SISTER LAGASSE

*They are never alone that are accompanied
by noble thoughts.*



SISTER ROSE

*Great works do not always lie in our way,
but every moment we may do little ones
excellently, that is, with great love.*



RIDFERN AGNEW
St. James

*"Each has his work and way,
Each has his part and play,
Each has his task to do,
Both of the good and true."*



BETTE ANDERSON
Brandon

*Love is a many sided sacrifice; it means
putting thoughtfulness for others; it means
putting their good before self-gratification.*



LORRAINE ARNDT
Roblin, Man.

*Peace does not dwell in outward things,
but within the soul.*



LUCILLE ARSENAULT
Dieppe, New Brunswick

*You're on the road to success when you
realize failure is only a detour.*



ETHEL MAE CARTER
Portage la Prairie

True charity is the desire to be useful to others without the thought of recompense.



SHARON CLARK
Portage la Prairie

*"What e'er the work a man perform,
The most effective aid to its completion,
The most prolific source of true success,
Is energy without despondency."*



DORETHY COPELAND
Carman

It is not good enough to do things that be good; but we must also have a care to do them with a good grace.



JO-ANNE COWAN
Winnipeg

*Love for one's fellows, and a brave heart,
are the most useful gifts to go through life with.*



MYRNA EVANS
St. Vital

*Out of suffering comes the serious mind
Out of salvation, the grateful heart
Out of endurance, fortitude
Out of deliverance, faith.*



SHIRLEY FISHER
Killarney, Man.

*A sorrow shared is but half a trouble,
but a joy that's shared is a joy made double.*



WANDA FRIESEN
Winnipeg

*How happy is he born and taught
That serveth not another's will;
Whose armour is his honest thought
And simple truth his utmost skill!*



DIANE GILLIES
Winnipeg

*Laughter, let it be but genuine, is of a
common nationality; indeed a common
fireside and profound disagreement is not
easy after it.*



WILMA ISILI
Swan River, Man.

*Humility is both the source of spiritual
peace and also a means of union with
powers higher than our own.*



SIMONE JAMEAULT
St. Boniface

*Man must have just enough faith in
himself to have adventures, and just enough
doubt of himself to enjoy them.*



ONALIE JOBIN
Flin Flon, Man.

*True friends are the whole world to one
another, and he that is a friend to himself
is also a friend to mankind.*



GLYNNIS JOHNSTON
Binscarth, Man.

*For Mercy has a human heart,
Pity a human face,
And Love, the human form divine,
And Peace, the human dress.*



LOIS KUNTZ
Morris, Man.

*The man who cannot wonder, who does
not habitually wonder (and worship). . .
is but a Pair of Spectacles behind which
there is no Eye.*



LILLIAN LANE
Aberdeen, Man.

*No coward is my soul,
No trembler in the world's storm troubled
sphere;
I see Heaven's glories shine,
And faith shines equal, arming me from
fear.*



JULIANA LAZARUK
Pine Falls, Man.

*Blessed are the happiness-makers!
Blessed are they that remove friction,
That make the course of life smooth
And the ways of men gentle.*



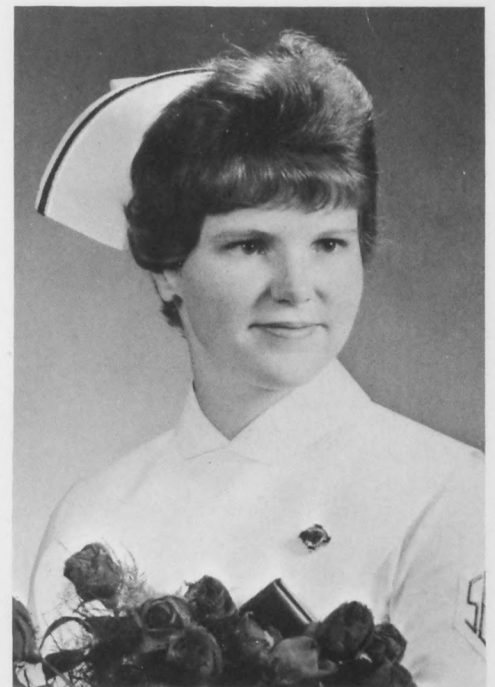
CAROLE MCKINNON
St. Boniface

*Power to do good is the true and lawful
end of aspiring for good.*



ROSANNE MEYERS
Gregg

*"Here's a sigh to those who love me,
And a smile to those who hate
And whatever sky's above me
Here's a heart for every fate."*



DARLENE MITCHELL
Fort Garry

*Naught can bind man closer unto man
than that he feel the trouble of his comrade.*



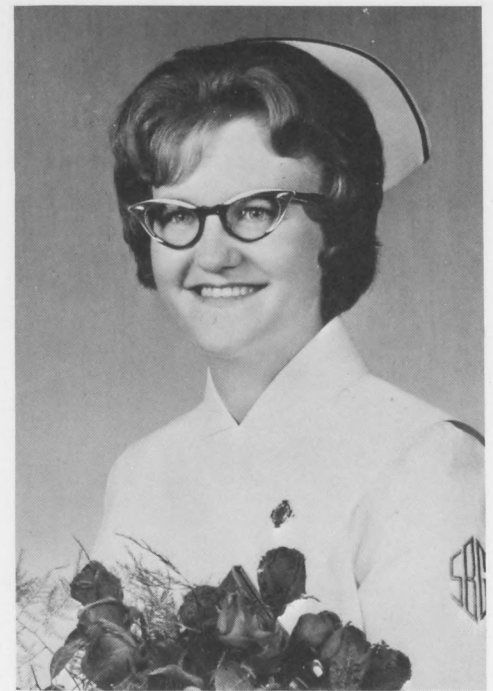
JOAN MONTGOMERY
St. Vital

*"Life, believe, is not a dream
So dark as sages say;
Oft a little morning rain
Foretells a pleasant day."*



MAUREEN NICK
Winnipeg

*There is no beautifier of complexion, or
form, or behavior, like the wish to scatter
joy and not pain around us.*



MARJORIE PENNER
Lowe Farm, Man.

*Zealous, yet modest; innocent, though free;
Patient of toil; serene, amidst alarms;
Inflexible in faith; invincible in arms.*



MAY PON
Vancouver, B.C.

*The great man is he who in the midst
of the crowd keeps with perfect sweetness
the independence of solitude.*



LEONA RANDALL
Salsgirth, Man.

*"Whene'er a noble deed is wrought,
Whene'er is spoken a noble thought
Our hearts in glad surprise
To higher levels rise."*



DOREEN TOUTANT
Winnipeg

*An aim in life is the only fortune worth
finding; and it is not to be found in
foreign lands, but in the heart itself.*



SHEILA WEBSTER
Winnipeg

*"Teach me to feel another's woe,
To hide the fault I see:
That mercy I to others show,
That mercy show to me."*



VICTORIA WIEBE
Lowe Farm, Man.

*Love cannot be hid any more than light,
and least of all when it shines forth in
action.*



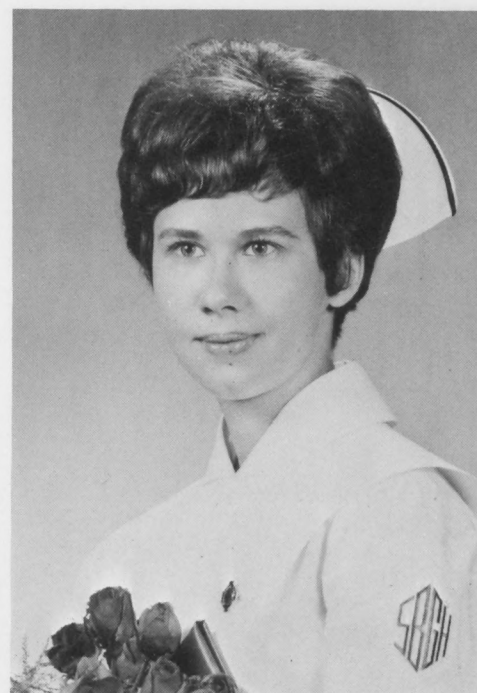
SISTER EUGENIA

*No sweeter thing than children's ways
and wiles
Surely, we say, can gladden eyes and ears.*



MARLYN AUNE
Dufresne, Man.

*Pride and humiliation hand in hand
Walked with her through the world
where'er she went.*



CAROLYNNE BACZYNSKY
Transcona

*The charities that soothe, and heal and
bless,
Are scattered at the feet of man, like
flowers.*

Class
of
1964 B



MARIE BAREFOOT
Nimga

*Her strength is as the strength of ten,
Because her heart is pure.*



MARGARET BEDARD
Rainy River, Ont.

*Her heart is wide open; she would not
bar a single door.*



LIETTE BEZEAU
Calgary

*Dark of hair and flashing eyes,
The mischievous look she can't disguise.*



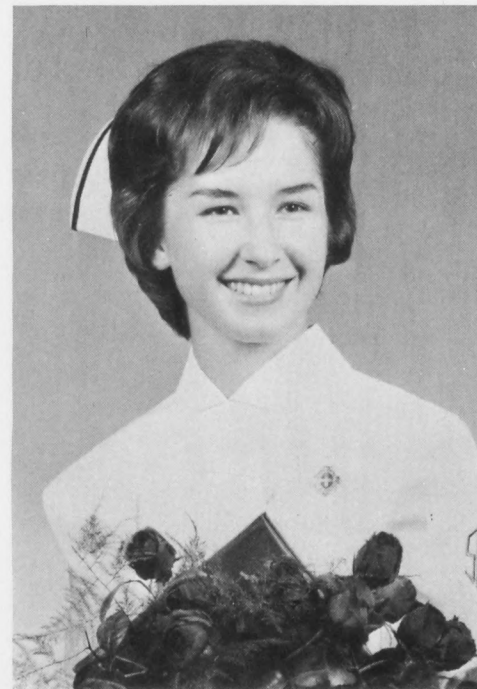
BERNICE BORKOWSKY
Steinback, Man.

*A friend is a person with whom I may
be sincere.
Before him I may think aloud.*



LUCE BOULET
St. Boniface

*A little word in kindness spoken
Has often healed the heart that's broken.*



JEAN BOYKO
Oakbank, Man.

*Cleave ever to the sunnier side of doubt.
And cling to faith beyond the forms of
faith.*



KATHLEEN BOZEK
Theodore, Sask.

Let knowledge grow from more to more.



BEVERLY BOZYNSKI
Winnipeg

*In all things showing thyself a pattern of
good works; in doctrine showing gravity,
sincerity.*



JULIA BRAUN
Lowe Farm

*Each pure and gentle deed of mercy brings
An honest recompense, and from it looms
The sovereign knowledge of thy duty done.*



LORRAINE BREWER
Dauphin

*Everything is straight-forward and springs
from the heart.*



DONNA CAMYRE
St. Boniface

*My soul is full of whispered song,
My blindness is my sight;
The shadows that I feared so long
Are full of life and light.*



JOANNE CHRISTENSON
Weyburn, Sask.

*Come live and be merry and join with me
To sing the sweet chorus of ha ha he.*



CYNTHIA CLARK
Flin Flon

*The secret of happiness is not in doing
what one likes, but in liking what one
does.*



JACQUELINE CONSTANT
St. Boniface

I am a part of all that I have met.



GWEN CORNTHWAITE

*No endeavor is in vain,
It's reward is in the doing.*



BEVERLY COUTTS
St. Boniface

*Hopes like towering falcons, aim at objects
in an airy height.*



DENICE DACQUAY
Winnipeg

*Those who toil bravely are strongest,
The humble and poor become great.*



DOROTHY DEAN
Oak Lake

*Hers is the power of love in gentle mind
That it can alter all the course of kind.*



MARGUERITE DELORME
Aubigny

*She given with simplicity, ruleth with
diligence - sheweth mercy with cheerfulness.*



ISABELLE DUNLOP
Dufresne

*Never omitting an opportunity of doing a
kindness or speaking a true word, or making
a friend.*



MARTHA ENNS
Homewood, Man.

*I live for those who love me,
Whose hearts are kind and true.*



LAURETTE FAUCHER
St. Boniface

*A subtle grace of heart and mind that
flows with tactful sympathy.*



CATHLEEN FRIESEN
Altona, Manitoba

*There is sweet music here that softer falls
Than petals from blown roses on the grass.*



ELLA GIMBEL
Winnipeg

*For laughter, wit, and stories tall,
Here's one who ranks above us all.*



CAROL GOLIGHTLY
Winnipeg

*A head how sober, a heart how spacious;
A manner equal with high or low.*



NANCY GRAHAM
St. James

A merry heart maketh a cheerful countenance.



FERNANDE GREGOIRE
St. Boniface

*Every human spirit is a mine rich in
treasure, holding gems which do not lie
scattered on the surface.*



JEANNE GRIMARD
St. Boniface

Knowledge comes, but wisdom lingers.



CAROL GROSE
Flin Flon

*Her mind knows the great power of
gentleness.*



LORRAINE HADDER
Melrose, Manitoba

*With gentle yet prevailing force
Intent upon her destined course.*



FRAN HALL
Flin Flon

*Let all the number of the stars give light
to thy fair way.*



JO-ANN HALPENNY
Geraldton, Ontario

*She that has patience may compass
anything.*



DIANNE HILL
Flin Flon

*The glow of a kindly heart and the grasp
of a friendly hand.*



LINDA HUNT
Winnipeg

*She's not very big—she's not very tall,
But good things come in parcels small.*



PATRICIA HYDE
Winkler, Man.

*Her best companions innocence and health
Sweet as the primrose peeks beneath the
thorn.*



MARILYN JAKUL
Winnipeg

*Meeting the calm of each new day
In the same calm unaffected way.*



LORNA JASIENCZYK
Neepawa, Man.

*Always laugh when you can; it is a cheap
medicine.
Merriment is a philosophy not well under-
stood,
It is the sunny side of existence.*



BETTY JOHNSON
Geraldton, Ontario

*Both riches and honour come of thee,
and in thine hand it is to make great.*



VERNA JUREWICZ
Beausejour, Man.

*Reason's whole pleasure, all the joys of
sense,
Lie in three words—health, peace, and
competence.*



AUDRY KAZINA
Transcona

*Weakness is not in her word,
Weariness not on her brow.*



LYLA KILLOH
Hamiota, Manitoba

*Full of mercy and good fruits,
Without partiality and hypocrisy.*



ELSIE KLASSEN
Winnipeg

*In all things sought to see the whole
Brooked no disguise,
And set her heart upon the goal,
Not on the prize.*



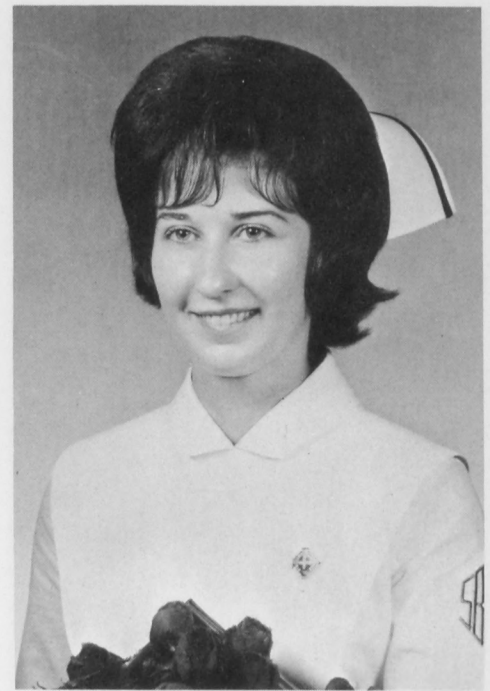
BETTY KULICKI
Beaverlodge, Alberta

*A world of care without,
A world of strife shut out,
A world of love shut in.*



PATRICIA LANGHAN
Carman, Man.

*Patient endurance
Attaineth to all things.*



BEATRICE LENTOWICZ
Hazelridge, Manitoba

*Beareth all things, believeth all things,
Hopeth all things, endureth all things.*



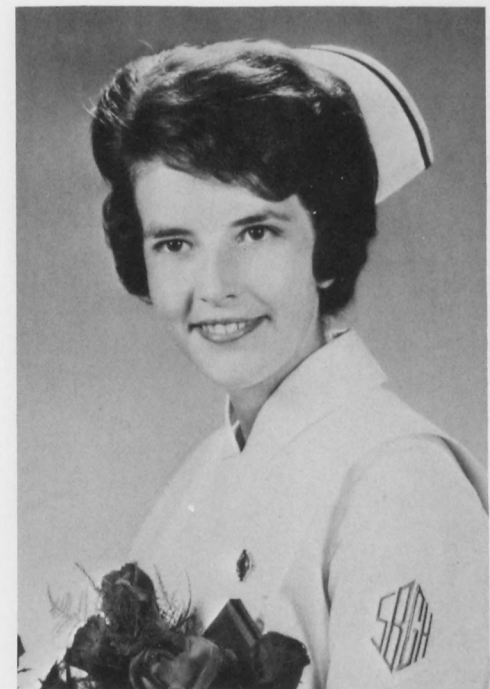
MARILYN LOW
St. James

*Her ways are ways of pleasantness and
all her paths are peace.*



DONNA LYONS
Cromer, Man.

*Wisdom is first pure, then peaceable,
gentle and easy to be entreated.*



PHYLLIS MARTIN
Winnipeg

Thy gentleness hath made thee great.



ARLENE McRAE
Selkirk, Man.

*Save they days with future glory,
Love the beautiful, the true.*



BETH METCALFE
Portage la Prairie

*Let nothing disturb thee, nothing affright
thee; All things are passing.*



LORRAINE MILLER
Winnipeg

*She hurries not, she worries not, her calm
is undisturbed.*



HEDY PETERS
Winnipeg

*God made a heart of gold,
Shining and sweet and true;
Gave it a home of fairest mould,
Blest it and called it "you".*



LYNDA PETERS
Niverville, Man.

*Not as we take but as we give
Not as we pray but as we live.*



ELIZABETH PETRACEK
Laugenburg, Sask.

*Great thoughts, great feelings came to her,
Like instincts unaware.*



MARILYN POLLOCK
Hamiota, Man.

*She gave a various gift to each
To charm, to strengthen, and to teach.*



LYNNE PRINCE
St. Vital

Kind to others, tenderhearted, forgiving.



MRS. ERNA PUTNINS
Winnipeg

*A maid of all work, whether coarse or
fine,
A servant who made service seem divine.*



HELEN REMPEL
Winnipeg

*We know nothing of tomorrow
Our business is to be happy and cheerful
today.*



GAIL ROSS
St. James

*As good-natured a soul as ever trod on
shoes of leather.*



JOAN RUMAK
Beausejour, Man.

*Wholehearted, happy, friendly, free.
She lives her life out joyously.*



JOHANNA SAWATSKY
Gnadenshal, Man.

*I would be true, for there are those who
trust me; I would be strong, for there
is much to suffer.*



MARIE SIMS
Snowflake, Man.

*Let us, then, be up and doing,
With a heart for any fate;
Still achieving, still pursuing,
Learn to labour and to wait.*



GAIL SMITH
Fort Garry

*Life's race well run,
Life's work well done.*



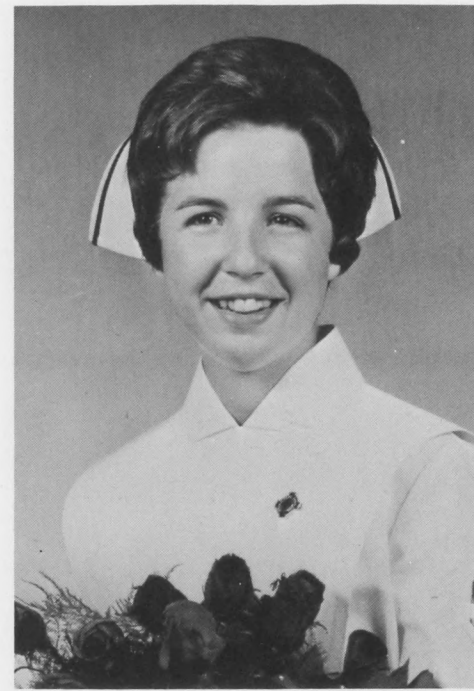
ELIZABETH SOKOLOSKI
The Pas

*There is no great and no small,
To the soul that maketh all.*



NANCY SPRIGGS
Swan River, Man.

*But if ye want a friend that's true, She
is on your list.*



ELAINE SZYMANSKI
Melrose, Man.

The secret of success is constancy to purpose.



LINDA THOMAS
Victoria Beach

*We never know how high we are 'til
we are called to rise;
And then, if we are true to plan, our
statures touch the skies.*



BEVERLY THORNSTEINSON
Atikokan, Ont.

*A poor man served by thee shall make
thee rich;
A sick man helped by thee shall make
thee strong.*



LUCIENNE VIGIER
Cardinal, Man.

*Gives plenty of what is given to her, and
listens to pity's call.*



LYNN WALKER
Calgary

*A smile among dark frowns—
A gentle tone.
A solitude, a refuge, a delight.*



EVELYN WARMAN
St. Boniface

*As a friend she's swell,
As a nurse she's great,
And with patients she's top rate.*



LESIA WEL
St. Boniface

*Patient when saddest,
Calm when sternest,
Given to jest,
Yet ever in earnest.*

Prayer for a Young Nurse

Divine Saviour, gentle healer of the sick and troubled, teach now each young nurse—
That earth has no sorrow that her tender care cannot comfort:

That though young in years and light of heart, she must in mind be mature— for
at stake is human health and life:

That she must give of herself with love and sacrifice, and never count the cost:

Teach her that nursing is not a job, but a privilege and a responsibility—a sacred
vocation close to your Heart, because your Heart was close to the sick:

Convince her that she must strive to become a better nurse if she is already a good
one: and once better, then perfect:

Divine Healer, show her that happiness will come from serving, not from being
served:

That the joy in her face, the smile on her lips, the sympathetic understanding in her
voice—these will bring a blessing to the sick room.

Show her that she should even have a sense of humor, though never be giddy:

That what counts is knowledge and nursing skill—and even more, merit earned
through wisdom and compassionate service:

May she learn to love each patient, though she may find it hard to like each one:

And may she come to realize that "when medicine and nursing have done their utmost
for the human body, there still remains a spiritual factor that can be decisive in
controlling the patient's will to live"—or to die in peace:

And, dear Lord, this finally: that her hand which will cool a fevered brow, and ease
pain in the long nights, will really be but the shadow of Thy own healing hand.

AMEN

INFECTION

The systemic reaction to generalized infection and severe organic disturbance is a toxic condition which results from the absorption into the blood stream of products of tissue destruction and toxins from bacteria and viruses. The patient has fever, a hot dry skin, coated tongue, nasal discharge, general malaise, anorexia, and vomiting. Sweating and delirium may also occur. There is an increase in the white cell count and in the sedimentation rate of the red blood cells. The high temperature is thought to be an attempt by the body to destroy the circulating toxins by stimulating an increase in which cells to engulf and digest the toxic organisms. High temperatures to produce elevations may be lowered to normal by the administration of acetylsalicylic acid and by alcohol sponge baths. These may be applied to the groins and axillae. Antibiotics are given to help the body fight the infection. When a toxic infection is present and the body does not respond with fever, the prognosis is poor. It is good since the natural body defenses are not being mobilized. Most doctors advise that the patient be kept at a temperature over 38° C. (100° F.) kept in bed since the respiratory pulse rates are increased. Hot compresses, alcohol baths, and hypodermic

must remain on com-
should move his legs
and tighten and relax
prevent phlebitis and
tasting. While the pa-
d, the joints should be
etc range of motion.
acutely ill, this should
by the nurse; later,
sion, he is taught to
The patient is also en-
e deeply five to ten
two hours to expand
to prevent hypostatic

acute stage of congestive failure the diet should be soft or liquid and the food served should be easily digested. The work of the heart is increased during digestion, since blood is needed by the digestive tract for its functions. Several small meals a day may be better tolerated than three large meals. When the patient is allowed to feed himself, his appetite may improve as morale improves with his feeling that he is making progress toward recovery.

Delegation. It is advisable for the patient with cardiac disease to avoid straining at defecation since this places an extra burden upon the heart. The stools are best soft by giving a mild cathartic daily; milk of magnesia, 30 ml. (1 ounce), is usually effective. If the feces tend to become hard, mineral oil may be ordered in small doses to be given with the milk of magnesia. If an oil emulsion is necessary, it should be given with a small mineral oil inserted only three to four times weekly. Most patients dislike using the bedpan and the effort required to get into the pail and to maintain a satisfactory position on the toilet stool often strains the heart. Patients should be taught to use the commode or bedpan rather than the toilet for a bowel evacuation. Commodes or bedpans are now available which move and are necessary to rotate them. The patient should not be left unattended on a bedpan or commode nor left alone outside for certain periods of time. Since it is extremely important to know that the commode helps to let him down and to let him get up for himself, the nurse should be sure that the commode is started slowly to prevent strain and to discontinue the "push" or "pull" when it is no longer necessary.

patient
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 by the tim-
 he often has
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 ports to a
 oms appear-
 y well estab-
 s incurable.
 genograms of
 patient swall-
 and by esoph-
 ease of gastrointes-



FIRST ROW, Left to Right: L. Riley, J. La Plante, L. La Riviere, M. Ruta, L. Phillips, D. Kuharski, Sr. Agnes. SECOND ROW: I. Sitter, K. Fraser, L. Korchinski, I. Hare, D. Sherritt, B. Peters, M. Marchand, C. Foreman, R. Lemoine. THIRD ROW: C. Brewster, B. Motheral, B. Peters, J. Hyda, D. Oryniak, C. Found, B. Higgs.

Class

SISTER AGNES — Simple lives and pure thoughts are the best architects of health and contentment.

JANNIS ABRAHAM — Wisdom is planted in her mind, this girl shall be both true and kind.

ELIZABETH BACHINSKY — The "kiddo" of the Bombers is a constant dieter, but never loses that smile.

TRUDY BARTA — Red convertible, tell us Trudy, how do you rate?

RAE BATTEN — Rae excels not only in nursing, but also in "Thunder Road" -ing.

FRANCES BAUER — Fun and laughter lurk behind the eyes of our timid Saskatchewan flower.

ROBERTA BEAULIEU — Interests outside Manitoba cause much heartache to our expert of many things.

ELEANOR BERGMANN — Steady and faithful, always kind, Wonder what is on her mind.

IRENE BERGMANN — Enjoys telling us about her adventures when off duty.

AMELIA BEYKO — Tall graceful, always doing her part.

CAROLYN BORN — Goldy-locks with a silver voice.

CAROLE BREWSTER — Generosity is her middle name, and stage producing her hobby.

JOAN BROWNING — A kinder friend you may never meet, and as a nurse she can't be beat.

FRANCES BURAK — The girl with the smile who is always there when you need her.

GAYLE BURNS — Let us then be up and doing, what another exec meeting.

MARILYN CHISHOLM — Tho' she be capable, industrious, A - 1, a president's work is never done.

BARBARA CLISBY — A girl with a ready smile, and red hair, who loves children.

JUDY COCQUYT — A good kid — lots of fun; Many friends she has won.

CLAUDETTE DePAPE — Our petite French miss with a generous heart, always willing to do her part.

RHEA DUNLOP — Unique.

SHELAGH DWYER — Miss "Roaring 20's" who finally ran out of breath in the stamping 60's.

BEVERLEY EDWARDS — Imagine! A coffee break on 8A.

SHIRLEY ELIAS — Our blond bombshell - who smiles and makes her patients well.

CAROL-ANN FORREST — Her pleasing smile and her heart of gold makes Ann a friend of all.

BERNICE FOSTER — Our first impression, the quiet kind, after a while we changed our minds.

ANN FOREMAN — The secret of life is not to do what one likes, but to like what one does.

CAROL FOUND — First she's lost, then she's found, when clinic comes Carol's not around.

KATHLEEN FRASER — That happy-go-lucky, red-head who never knows a dull moment.

CAROL FRIESEN — You have looked for the best in others, and given others the best in you.

ROSE-ANNE GENIK — The Twinkle in her eye and her "off-beat" jokes keep everyone in good humour.



FIRST ROW, Left to Right: J. Kubara, E. Toews, E. Hunter, M. Chisholm, V. Safronetz, G. Shakeshaft, S. Dwyer.
 SECOND ROW: B. Ross, R. Ripert, L. Kostyshyn, S. Margetts, D. Parsons, D. Kreller, F. Burak, J. Rigaux, L. Hyshka.
 THIRD ROW: B. Foster, E. Schroeder, C. Scherloski, I. Redekopp, B. Edwards, V. Poetker, M. Johanneck, S. Ronceray.

of '65

WANDA GILLIS — Always ready to lend a helping hand.

LINDA GOODA — The girl with the calculated method in her work and mischievous gleam in her eye.

MARLENE GRAY — Nothing great was ever achieved without enthusiasm - not even the sport "Jimboing".

JEANNINE GUYON — A heart of gold and manner sweet, with a dash of naughtiness made her complete.

JANET HANDLON — Grace, charm, speed; beauty "under the lights"; a welcoming hostess at frat parties.

ISABEL HARE — "But I haven't read every library book!"

JANICE HAWRYSH — Rules and regulations were made to be broken.

ELIZABETH HIGGS — It is better to burn the candle at both ends and in the middle too; than use it for studying.

EVELYN HUNTER — "For laughter, wit and stories tall, this one ranks above us all."

LILLIAN HYSHKA — It is no small art to sleep; to achieve it one must keep awake all day.

JUNE HUYDA — "One woman, five lives".

MARIE JOHANNECK — Dependable and reserved; Life's gains by her are all deserved.

LORRAINE KORCHINSKI — A girl who eats, sleeps, and dreams of Saskatchewan.

LUBA KOSTYSHYN — One who sows good nature, reaps good friendship.

DIANNA KRELLER — "Okay girls! Line up alphabetically according to height.

JUDY KUBARA — "Always laughing, never sad; Sometimes naughty, never bad.

DOREEN KUHARSKI — Her quiet and ready smile warms the hearts of all her patients.

JACQUELINE LA PLANTE — Opens her mailbox daily to see what the north wind blew in.

LUCILLE LA RIVIERE — St. B's French seamstress; look out for your curtains, she's liable to make a dress out of them.

ROBERTA LEMOINE — Is often heard saying, "Gee whiz! I wish he'd phone tonight!"

MARGUERITE MARCHAND — Gay, full of laughter and always ready to lend a helping hand.

SANDRA MARGETTS — A merry heart maketh a cheerful countenance.

BARBARA MOTHERAL — Has the gift of saying the right thing at the right time.

DIANE ORYNIK — What is worth doing is worth doing well.

DONNA PARSONS — Talkative and witty. An early riser!!

LINDA PEELER — The girl with 1,000 faces; 1,000,000 laughs; a sarcastic humorist.

BRENDA PETERS — A sweet smile and a kind heart are the essence of a successful life.

LINDA PHILLIPS — Occasional seriousness intermingled with wit.

VIOLA POETKER — "The glow of a kindly heart and the grasp of a friendly hand."



FIRST ROW, Left to Right: P. Ashcroft, D. Nairne, H. McRae, N. Collette, T. Thurston, E. Halderson, P. Sparks, L. Lafond, Sister Léontia. *SECOND ROW:* B. Foster, C. Wheeler, D. Hyde, L. McQuat, B. Fedoruk, E. Scherpenisse, S. Christopherson, E. Krahn, S. Shroeder, A. Wilchuk, L. Hotson, L. St. Godard. *THIRD ROW:* J. Graham, I. Reimer, J. Clarke, M. Giesbrecht, A. Préfontaine, S. Philp, D. Chaput, J. Chénier, E. DeFehr, D. Agopsowicz, L. Mulaire. *BACK ROW:* L. Dyck, H. L. Dyck, B. Hiller, E. Misseghers, V. Samborski, M. Hill, K. Ross, F. Carrière, N. McGibbon, C. Johnston.

Class

SISTER LEONTIA — The reward of one duty done is the power to fulfill another.

DIANE AGOPSOWICZ — The secret of happiness is not in doing what one likes, but in liking what one does.

DIANNE ANTONATION — The mind can absorb only what the seat can endure.

PATRICIA ASHCROFT — Golden hair, golden smile, golden heart.

MONIQUE AUDETTE — Always in a hurry, believes in work, but not in worry.

KAREN BLOWERS — The gal who takes her showers at six a. m.

ROBERTA BOCKSTALL — Believes that anticipation is greater than realization.

MARIAN BOWEN — Main ambition — to gain weight!

MARILYN BUBBS — Quiet, thoughtful, a friend sincere.

JANICE CALVERLEY — A petite southpaw, as sociable as can be.

CAROL CAMEYRE — A fair exterior hiding great intellectual powers.

FLORENCE CARRIERE — Packs her troubles in a trunk and sits laughing on the lid.

SHARON CARRUTHERS — A smile can say a thousand words.

DENISE CHAPUT — An energetic girl who isn't afraid to give an opinion.

JANINE CHENIER — A kindly heart is very refreshing.

SHARON CHRISTOPHERSON — Sweet, adorable, an Irish twinkle in her eye.

JUDITH CLARKE — She has the perseverance and the smiling disposition, essential to attain her goal.

NICOLE COLLETTE — A miniature Miss Nightengale with a classical music flare.

BETTY COOK — When she does something she does it well.

HELENE COQUET — The highest graces of music flows from her heart.

BARBARA CUSITAR — Strains from the mandolin - Barb comes a-singin'.

ERNA DeFEHR — Brows may wrinkle, hair grow grey, but friendship never knows decay.

GERTRUDE DONOHUE — The sun shines from her heart.

SHELAGH DUGGAN — What we learn with pleasure we never forget.

LOUISE DYCK — She brings sunshine to others.

LAURELLE DYCK — Ability plus application spells success.

BARBARA FEDORUK — A thing of beauty is a joy forever.

BARBARA FOSTER — Good humour is an ideal garment to wear in society.

JUDY FREEMAN — It's on giving that life's splendor depends.

MARY GIESBRECHT — Quiet waters run deep.



FIRST ROW, Left to Right: A. Rosky, B. Petriw, J. Howden, J. Calverly, C. Camyre, D. Jutras, D. Antonation, D. Shea, S. Carruthers. *SECOND ROW:* J. Kunz, G. Donahoe, S. Duggan, J. Gmiterek, M. Isaac, C. Thiessen, M. Novak, P. Smith, J. Hudon, J. Kupchak, L. Raffard, J. Irving, D. Sanders. *THIRD ROW:* D. Nyznyk, C. Schentag, L. Prince, M. Heinkle, J. Wachal, B. Hancock, S. Matheson, L. Quewezance, P. Treasurer, S. Neufeld, B. Cook, M. Audette. *BACK ROW:* C. Kuryk, D. Hogg, M. Bubbs, K. Blowers, R. Bockstael, M. Van Cauwenberghe, S. Wilson, J. Freeman, J. Rog, J. Hall, B. Cusitar.

of '66

JOAN GMITEREK — Plenty of action, but what of results.

JUDY GRAHAM — Short, shy, smily, that's our gal from Carberry.

EMILY HALDERSON — Enjoys weekends - known as our girl Friday.

JOAN HALL — She's full of spice and lots of fun.

BARBARA HANCOCK — Innocence is bliss.

MARGARET HEINKEL — A smile is a light in the window indicating the heart is at home.

MARILYN HILL — Personality is to man as perfume is to a flower.

BEVERLEY HILLER — Her sparkling personality can brighten the darkened corner.

DIANNE HAGG — Success is measured by what you do for others.

LINDA HOTSSEN — No one knows what he can do, until he tries.

JANE HOWDEN — A rare personality with a touch of artistry.

JULIE HUDON — Speech is great, but silence is greater.

DARLENE HYDE — Price tag: "A million dollars".

JOAN IRVING — The only way to have a friend is to be one.

MARLYS ISAAC — Nothing good was ever achieved without enthusiasm.

CAROL JOHNSTON — When "Tweedy" smiles, you wonder what she's been up to. -

DENISE JUTRAS — All articles of high contents are compressed into small packages.

ELFRIEDA KRAHN — It's nice to be natural when one is naturally nice.

JOANNE KUNZ — Well, I wonder why. Inquisitive isn't she?

JOAN KUPCHAK — Friendly, kind, she has all the answers.

CLAUDIA KURYK — The greatest thrill is diving into a situation.

LORRAINE LAFOND — Why do small gals pick on tall fellows?

LORRAINE MAILLARD — Her heart is as bright as a bubble.

SHARON MATHESON — Anticipates her nursing career to be like a Ford, a rattling success.

NIXON MCGIBBON — "But classroom chairs aren't meant to be soft."

LYNNE McQUAT — Scatter seeds of kindness and never lack a friend.

HEATHER McRAE — A merry heart makes a cheerful countenance.

EILEEN MISSEGHES — Kindness is a language even the deaf can hear.

LORRAINE MULAIRE — Charms strike the sight, but there is even merit in the soul.

DIANE NAIRNE — A live wire never gets stepped on.

Class 65 Con't

IRMGARD REDEKOP — Good advice—take her remarks with a grain of salt.

JANICE RIGAUX — She always has a smile within her heart.

LYNN RILEY — A redhead full of vim, vigor and vitality.

ROSAMOND RIPERT — Study, work and no pay, prompts her to go for a walk every day.

SUZANNE RONCERAY — Suzy from Somerset can frequently be heard saying, "Where is Janice."

BONNIE ROSS — A smile she always wears; a grudge she never bears.

MICHELLE RUTA — "Happy and gay all thru the day, when she knows she has the weekend to play."

VELDA SAFRONETZ — Has a low resistance against broken fingers, but a high immunity to Infectious Hep??

CLARA SCHERLOSKI — Two days of the year never worry her; today and tomorrow.

ELIZABETH SCHROEDER — A tall, dark-haired lass with a kind heart and quiet manner.

GEORGINA SHAKESHAFT — We tried and tried with all our might, but there's nothing to describe her right.

DIANNE SHERRITT — It's nice to be important and important to be nice.

IRENE SITTER — A fascinating mixture of wit, charm, intelligence and sincerity.

MARILYN SOLUK — Our "belle from Beausejour" is a mixture of angelicism and devilment; always seen with an armful of books, and her cousin Marion.

MARION SOLUK — Keep your temper, no one else wants it.

BONNIE STROMBERG — A little review in anatomy is necessary, right Bonnie?

BEVERLY THOMPSON — Organized confusion — "I told you the sun rose in the west."

ESTHER TOEWS — Only one in residence who has a clean room.

ALMA TURNER — Those who bring sunshine to the hearts of others, cannot keep it from themselves.

LOUISE VANBENTHEM — Laughter is a cheap medicine.

CAROLE VAN WALLEGHEM — A laugh to be joyous, must flow from a joyous heart.

CAROLYNN WAUGH — Good things come in small packages, but watch out this one is dynamite.

ELIZABETH WEHRLE — Meeting the challenge of each new day in the same calm, unaffected way.

Class 66 Con't

SUSIE NEUFELD — Appears quiet, but don't let that fool you.

MARILYN NOVAK — Large is her heart, her soul sincere.

DONNA NYZNYK — A quiet mind is richer than a crown.

BORDON PETRIW - (Mr.) — Why pretend to worry, the worst is yet to come!

SHARON PHILP — Concentration is a challenge.

ANITA PREFONTAINE — Quiet in class, but afterward — that's different.

LAURENCE PRINCE — A life that has value is a life spent on others.

LILLIAN QUEWEZANCE — Work is great, I'll leave some for tomorrow.

LORRAINE RAFFORD — Just think, there's a Friday in every week.

IRENE REIMER — Her ever cheerful smile, makes her a friend worthwhile.

JEAN ROG — "To strive, to seek, and not to yield!"

ALLAN ROSKY (Mr.) — A good sport, a true friend, What else matters in the end?

KATHERINE ROSS — Her constant wit makes her fun to have around.

VERNA SAMBORSKI — Punctuality is a virtue.

DIANA SANDERS — Cute, nice, loads of fun, she is liked by everyone.

CHERYLE SCHENTAG — Good things come in small packages.

ELIZABETH SCHERPENISSE — Sincerity is the face of a soul.

SYLVIA SCHROEDER — There's nothing ill can dwell in such a temple.

DELANA SHEA — A freckle-faced gal with a smile as warm as the sun.

PATRICIA SMITH — This small container is forever bubbling over with joy.

PATSY SPARKS — This spark can easily burst into flames.

LYNNE St. GODARD — Quiet as a kitten on cotton.

CLARA THIESSEN — A consistent way of life marks a true character.

TANNIS THURSTON — Size doesn't matter, it's what's inside that counts.

RENATE TOEWS — The art of learning is to understand, but a little at a time.

PAMELA TREASURE — One of the crown jewels!

MARLENE VAN CAUWENBERGHE — The vital spark in the group.

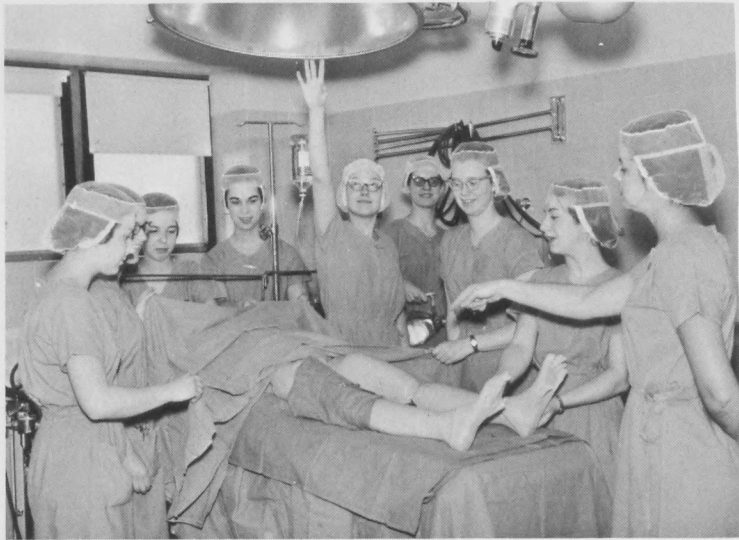
JUDITH WACHAL — The humour she's got just can't be bought.

CAROL WHEELER — Interested in the air force, Hmm.

ALICE WILCHUK — Economize? — She can sew!

SUZANNE WILSON — Suzanne, it's 7 a.m. — Sue, it's 7:30 — Sue —.





Draping taught by Mrs. Lavitt in the O. R.



Mrs. Sinha checks the changing of an eye dressing.



Miss Yakymiew, Mrs. Lavitt taking vital signs in Post-Anaesthesia.



Mrs. McDougall explaining a gastric irrigation in Post-Surgery.



SEATED, Left to Right: Mrs. Lavitt, Mrs. Neveux, Mrs. McDougall, Mrs. McNaught, Miss Ward, Mrs. Gleason, Sr. A. Fleury, Mrs. Vermander, Mrs. Lemoine, Miss Merlevede, Mrs. Fairbairn, Miss Johnston, Mrs. Phillips, Mrs. Fast.
STANDING: Miss Pottinger, Miss Stevenson, Mrs. Burrows, Mrs. Sinha, Mrs. Derewanko, Miss Martin, Miss Konik, Mrs. Bretsen, Mrs. Axford, Mrs. Leus, Mrs. McComb, Mrs. Thorarinson, Miss Bowdler.



The Health Office, Dr. Alvi and Miss Merlevede.



Miss Bowdler in the Library



Mrs. Thorarinson demonstrates scrubbing techniques in the Case Rooms.



Mrs. Bretsen welcoming a newcomer to the nurseries.



The latest trend on 3 A, "Rooming-in" — Instructor: Miss Pottinger.



Mrs. Burrows and Miss Ward setting up a gastric suction on 4 A.



Miss Stevenson and her most recent male admirer (Isolation of course!)



Miss Johnston, Instructor on 5 A Surgery.



Miss Harder (5 C) and Mrs. Marcoux in the Occupational Therapy Dept.



Mrs. Derewanko stresses accurate charting on 6 A.



Mrs. Lemoine and Miss Konik supervise croupette care on 8 A.



Mrs. Carroll, our Instructor on evenings.



Mrs. McNaught watches as two eager patients are admitted to O. P. D.



Sr. Prieure, Mrs. Lewis and students in the Emergency Dept.



The Physical Medicine Department.



Action in the X-ray Department.



Lab. technicians examine a culture.



Mrs. Jones sterilizing instruments in the Dressing Room.



Sr. A. Gosselin, Miss Reise, and Miss Bennett in the Diet Kitchen.



The Pharmacy



Mrs. Boulet, our Cafeteria supervisor.



Sr. L. Bernier in the sewing room.



FIRST ROW, Left to Right: M. Tan, P. Rich, D. Malchy, J. Battershill, H. Bergner, J. De La Funte, L. Fontaine. SECOND ROW: I. Guzman, E. Letourneau, R. Lee, J. Dyck, E. Puttee, P. Strachan, E. Bender, A. Vaejner, R. Carmona, R. Casile. THIRD ROW: F. Khan, A. Zacharias, H. Dyck, H. Johnson, K. Webster, A. Illarremendi, D. Penner, T. Anderson, B. Romalis.

Our Internes

Who works all day, no evenings free
 Then comes in at nite, to start an I.V. — Our Internes!
 Who remembers the drugs from a medical text
 But always forgets to write an Rx — Our Internes!
 Who comes in the evening, when the ward's a mess
 Then orders ten catheterizations for C+S — Our Internes!
 Who finally leaves (around one) for bed
 Then is called back at two, to order a sed. — Our Internes!
 Who demands quick service with a ready smile
 But when he is called, takes a mighty long while?
 Who carefully checks out each night to another
 But remembers to tell the operator, What a bother!
 Who writes orders we can't possibly read
 But expects them to be followed with explicit speed?
 Who have helped to make these three years our best?
 Who will we remember, (among all the rest) — Our Internes!

Administration



Mr. R. White, the Assistant Administrator of St. Boniface General Hospital.



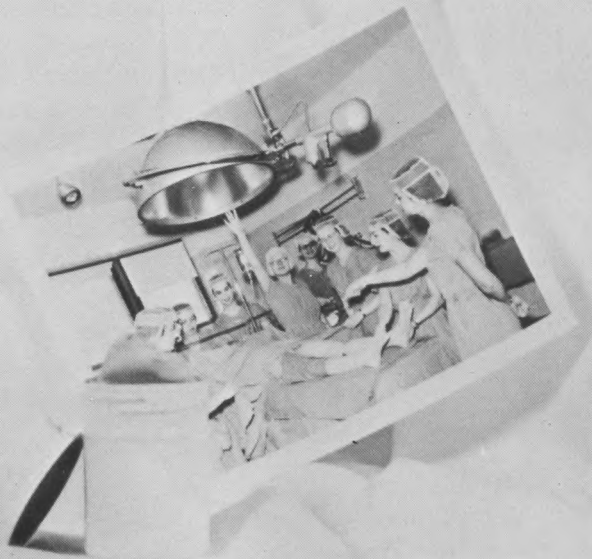
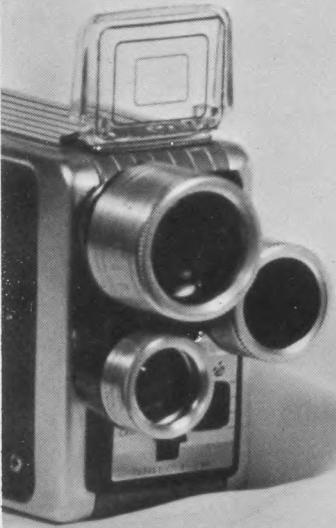
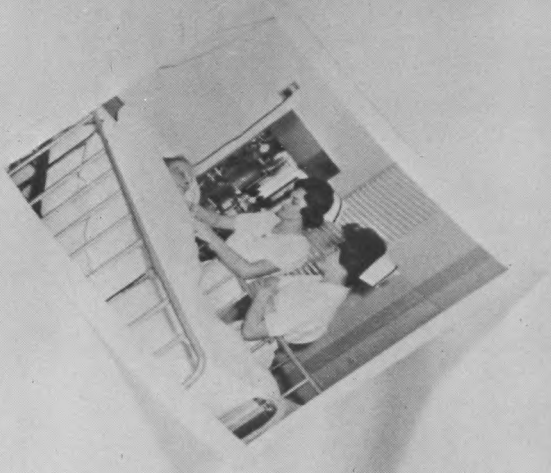
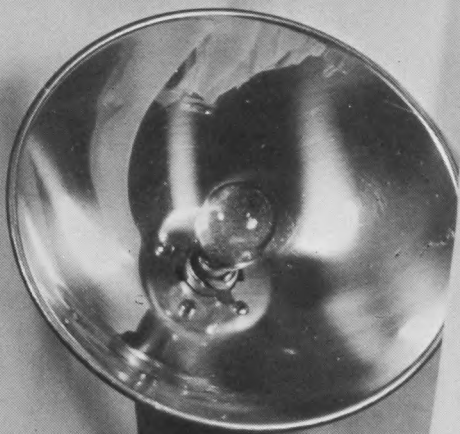
Nursing Service, *LEFT TO RIGHT*: Miss J. Robertson, Mrs. K. De Jong, Mrs. Craning, Mrs. Beeman.



The Sisters, *LEFT TO RIGHT*: Sr. Arsenault, Sr. Pulvermacher, Sr. St. Pierre, Sr. Labonte. *STANDING*: Sr. Piche, Sr. Drouin, Sr. Isabelle, Sr. Burgess, Sr. Daigle, Sr. Prieure, Sr. Sauve.



The Headnurses, *LEFT TO RIGHT*: Miss McHale, Mrs. Brown, Miss Horne, Mrs. McPherson, Mrs. Black.





Our Secretaries, Mrs. DeMontigny, Miss Guyon.



Sister's Secretary, Mrs. Smith.



At the Switchboard: Mrs. McKay, Mrs. Patry, Mrs. Godard.

"Merci"

A big thank you to those wonderful ladies who put up with numerous questions such as:

"Have you change for a quarter?"

"Is there an extra bib and apron?"

"Will Sister be in this afternoon?"

"Was it a boy or a girl?"

"Did you find my lipstick in the laundry?"

"The shower of 5-new is out of order."

"Please, could you run-off twenty copies of this report for me?"

"I forgot to sign in, what now?"



Housekeeping: *STANDING, Left to Right:* Mrs. Kaleirznich, Mrs. McDonald, Mrs. Susik, Mrs. Magill, Mrs. Chester. *SEATED:* Mrs. Boelefhar, Miss Carriere, Miss A. Peterson (Matron), Mrs. Comeault, Mrs. Demaré.



*Mrs. Isabel
President of the Alumnae*

“Thank You”

We would like to sincerely thank the St. Boniface Nurses' Alumnae Association for their generous contribution. It is encouraging to realize that the Alumnae is not only interested in our activities, but willing to participate and lend suggestions wherever necessary. May we express our appreciation for the assistance given, financially and morally, towards our education. May we, as future members, uphold the high ideals you have attained and may you be as proud of us as we are of you.

Tribute to John F. Kennedy

THERE WAS a sound of laughter; in a moment, it was no more. And so, she took a ring from her finger and placed it in his hands.

THERE WAS a wit in a man neither young nor old; but a wit full of an old man's wisdom and of a child's wisdom, and then, in a moment, it was no more. And so, she took a ring from her finger and placed it in his hands.

THERE WAS a man marked with the scars of his love of country, a body active with the surge of life far, far from spent and, in a moment, it was no more. And so, she took a ring from her finger and placed it in his hands.

THERE WAS a father with a little boy, a little girl, and a joy of each in the other. In a moment it was no more. And so, she took a ring from her finger and placed it in his hands.

THERE WAS a husband who asked much and gave much, and, out of the giving and the asking, wove with a woman what could not be broken in life, and, in a moment it was no more. And so, she took a ring from her finger and placed it in his hands, and kissed him and closed the lid of a coffin.

A PIECE of each of us died at that moment. Yet, in death he gave of himself to us. He gave us of a good heart from which the laughter came. He gave us of a profound wit, from which a great leadership emerged. He gave us of a kindness and a strength fused into a human courage to seek peace without fear.

HE GAVE us of his love that we, too, in turn, might give. He gave that we might give ourselves, what he might give to one another until there would be no room, no room at all, for the bigotry, the hatred, prejudice and the arrogance which converged in that moment of horror to strike him down.

IN LEAVING US – these gifts, John Fitzgerald Kennedy, President of the United States, leaves with us. Will we take them, Mr. President? Will we have, now, the sense and the responsibility and the courage to take them?

I PRAY to God that we shall and under God we will.

Senator Mike Mansfield.

The Catholic Student Nurses' Organization

The Catholic Student Nurses' Organization is a voluntary group of Catholic students organized for the purpose of gaining a deeper knowledge of the Catholic faith and of our duty as lay apostles to aid the clergy and the apostolate. It was organized in 1959 under the name of C. S. N. O. and a constitution was drawn up. At meetings once monthly, group speakers and films on various subjects make up the programs.

Sodality

The Sodality of Our Lady is a religious association approved by the Holy See. It is both a spiritual and apostolic organization. The Sodality provides a way of life that will draw us closer to Christ and help us to achieve our final goal. The Sodality Motto is: "To Christ through Mary".

The fourfold purpose of Sodality is:

- 1) Devotion to the Blessed Virgin,
- 2) To make ourselves as Christ-like as God intended,
- 3) To help others to become Christ-like,
- 4) To spread our faith, defend the church, and be loyal to the hierarchy.

The Sodalist achieves her goal through the daily duties of the Sodality such as Mass, Communion, Rosary, Mental prayer, and performing apostolic work.

Nurses' Christian Fellowship

Nurses' Christian Fellowship is a branch of the Inter-Varsity Christian Fellowship, a student organization active in High Schools, Teachers' Colleges, Universities and Schools of Nursing. N. C. F. has been active in St. Boniface since 1951. Our aim and motto is: "To know Christ and to make Him known". N.C.F. is an inter-denominational group which endeavors to provide a closer and deeper relationship with Jesus Christ and through Him, draw the strength needed in our daily lives.



Mr. Kerr Wilson
Director

Glee Club

In the busy life of student nurses there are many responsibilities and many duties. In spite of busy schedules, there are those who love to sing — and it is these who meet every Monday night to practice singing under the capable direction of Mr. Kerr Wilson. The Glee Club has found it rewarding to sing at various functions throughout the year, including the Convention of the Mayors and Reeves, the Notre Dame Day Centre, and various carolling activities at Christmas. It is the aim of our Glee Club to enrich the lives of others through the avenue of music and in so doing we are confident that we ourselves will find a greater measure of satisfaction in our service to others.

School Organizations

RESIDENCE COMMITTEE: Convenor — Betty Johnson

The aim of the residence committee is to promote "home-like care and tidiness". It assists in setting up rules concerning residence life and deals with infractions of these rules. Campaigns are launched periodically, such as the "Klean Kitchenette" and "Stamp-out-noise" campaigns. Pleasant grants include 2 a. m. passes and the Honor System for finishing classes.

SPORTS COMMITTEE: Convenor — Marilyn Pollock

The sports committee strives to involve nurses in the indoor and outdoor sports program. The Norwood United Church gymnasium has generously been made available to us for basketball and volleyball tournaments. Curling has enthusiastically revealed good sportsmanship at the St. Vital Curling Club. Summer activities include baseball, tennis, and swimming meets.

CULTURAL COMMITTEE: Convenor — Jeanine Guyon

The cultural committee is responsible for promoting interest in activities such as symphonies, theatres and celebrities. Ushering has been done at the Playhouse, Arena, and Winnipeg Auditorium.

SPECIAL TASKS COMMITTEE: Convenor — Lesia Wel

The special tasks committee is responsible for obtaining school jewellery, sweaters, flight-bags, and pennants. The school Christmas cards were purchased and distributed. It is also responsible for selecting gifts for special occasions such as the farewell gift to Sister Bonin, and Christmas gifts for residence supervisors.

PUBLIC RELATIONS: Convenor — Fran Hall

Many varied and intriguing posters have appeared on bulletin boards throughout the year under the capable supervision of the public relations committee. Tickets and decorations for social events, such as the school dance on a wine cellar theme, were looked after by this committee. To improve school spirit, a Booster Club was formed under the leadership of Carol Johnston.

SOCIAL COMMITTEE: Convenor — Lorna Jasienczyk

Social functions began with the new students introduction to residence on Entrance Day; a "Probie Welcome Party" followed at the Sisters Gardens. For the probies initiation, a Kangaroo Kourt was organized. Formal events included the dance with the Engineering Faculty, the Snowflake Dance at M. T. I. and the Diploma Dance with the Agricultural Faculty. The Christmas party included the Internes, hilariously disguised as "Santa and his helpers".

M. S. N. A.: Representative — Gail Smith

The Manitoba Student Nurses Association has monthly meetings with varied programs such as "Cha-cha" demonstrations, make-up demonstrations, and swim meets. A candy sale was held at St. Boniface with the fullest support of the medical and hospital staffs. The Valentine Formal at the Skyview Ballroom of the Marlborough Hotel was held February 14. The beautiful, petite St. Boniface candidate, Miss Emily Halderson was crowned Queen of the M. S. N. A. Congratulations Emily.

Photo



Entrance Day.



First day in uniform.



Ready for duty.



In full uniform.



Bernice's birthday.



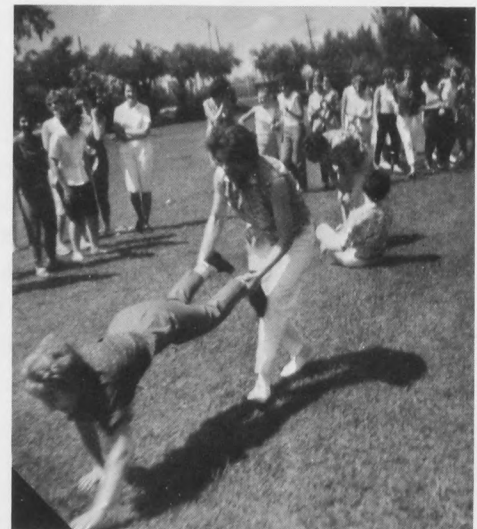
Retreat 1961.



What do you think I'm doing? I'm having a baby.



Farewell to Mrs. DeJong.



Wheelbarrow Race.

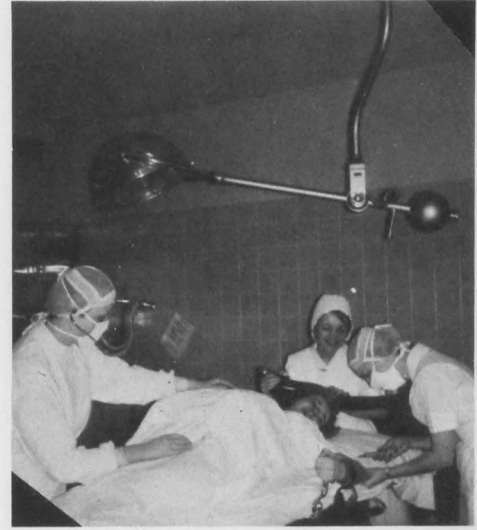
Album



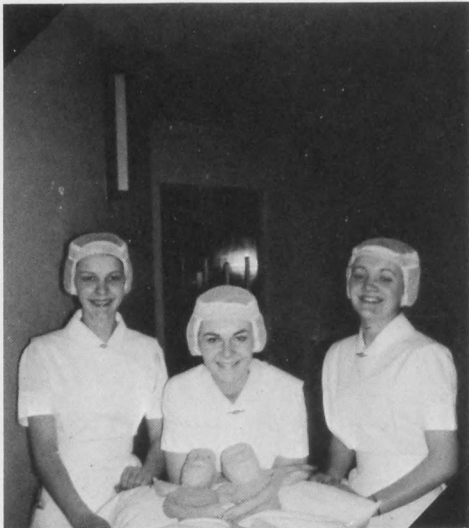
Blue Band.



Scrubbing in the Case Room.



Efficiency.



Look what we delivered.



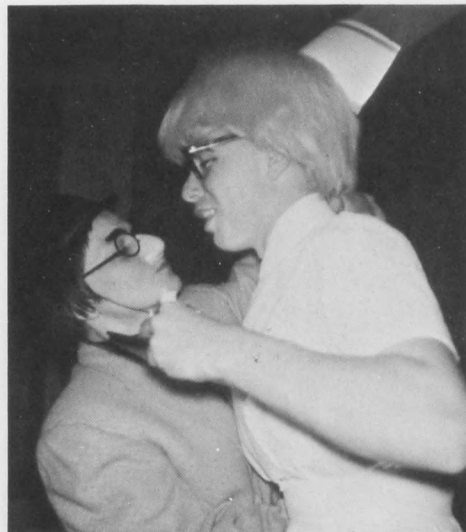
Preemie nursery.



Lorna and Susie.



Bedtime.



Hamming it up on 5 C.



My, don't we look pretty!



We got our Yellow Band.



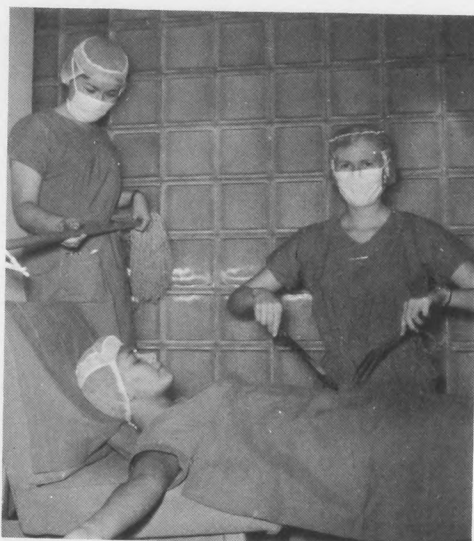
Garden Party '63.



Rudolph the Red Nosed Reindeer.



Blue and Gold Banquet.



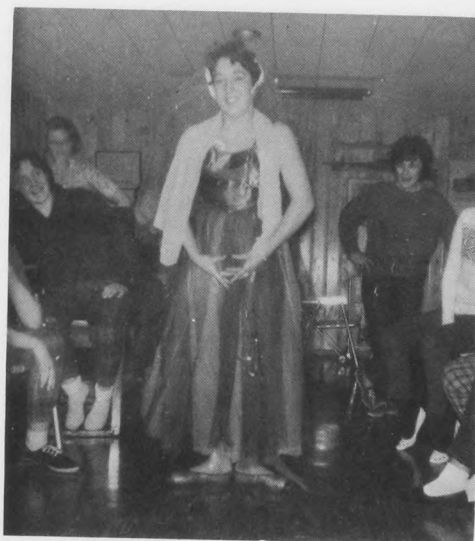
O. R.?



Come on to my house. . . .



M. S. N. A. formal.



I missed my calling.



Fern's birthday.



Once upon a time.



Party in old Res.



Mr. and Mrs. Lavitt.



Kangaroo Court.



Mr. and Mrs. Santa.



Wrapped up in my work.



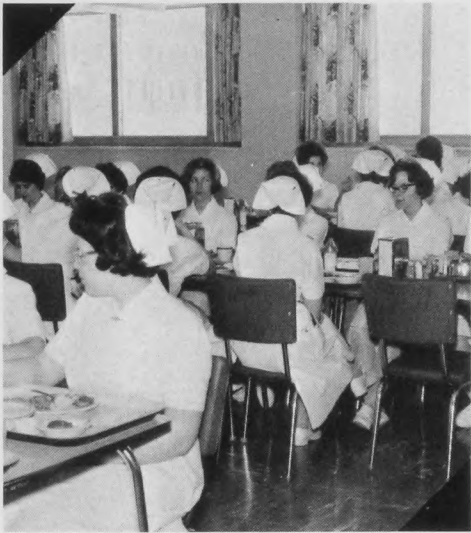
1963 School Dance.



Take us to your leader!



Sodality meeting in Ottawa.



Oh, what delicious food!



School Dance '63.



Cleopatra



The man in our life.



The end of first year.



Oh! Am I sleepy.



Our instructors.



Christmas '63



Our twenty-first!



Beauty and the Beast.



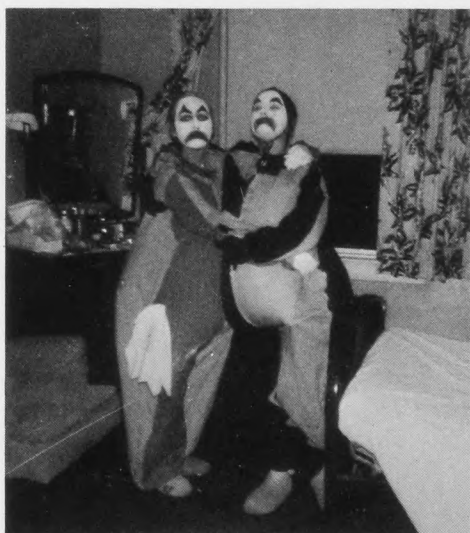
My first love!



Oh! You crazy kid.



Baby, it's cold outside!



I weigh more than you do.



Extracurricular activities.



Mom and Dad?



Oh, my room is a mess!



Leaving residence.

*May we take this opportunity to thank
the advertisers and all those who have
contributed so generously of time, money
and encouragement toward the realization
of this Year Book.*

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Members of the Graduating Class,
to cast your horoscopes . . .*

"YOU will be better women for the life which you have led here. But what I mean by 'better women' is that the eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past years.

"Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can *to*, not to get what we can *from*, life."

Sir William Osler



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keep him

safe, sound and single

till I'm finished

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